CSSRC Resource Review

Review Date: 10/22/13

Name/Title: Youth Leaders' Toolkit: Resources for Teens Who Want to Help Younger Children Launch a Bullying Prevention Project

Author: StopBullying.gov, U.S. Department of Health and Human Services

Media Type: (Book, CD, Flyer, Poster, Website, etc) printable booklet

Publisher/Supplier: StopBullying.gov, U.S. Department of Health and Human Services

Publication Date: March, 2012

Re-order Source: <u>http://www.stopbullying.gov/resources-files/youth-leader-toolkit.pdf?utm_source=social&utm_medium=twitter&utm_campaign=OC</u>; <u>http://www.stopbullying.gov/what-you-can-do/teens/index.html</u>

Language: English

Usefulness Rating:

- 1. Excellent
- 2. Good XX
- 3. Fair
- 4. Poor
- 5. Rated by: (CSSRC staff member) Alice
- 6. Comments:
 - Teens will learn about bullying and model positive behavior by guiding a younger group of elementary or middle school students in creating a bullying prevention project.
 Younger students learn about bullying prevention and positive relationships from the older students.
 - b. This toolkit provides the guidance and considerations that the teens will need in order to implement the bullying prevention project. There are many tools included:
 - i. Suggestions for securing adult advisors
 - ii. Parent permission and media release forms
 - iii. Suggestions for meeting styles and frequency
 - iv. Project timeline template
 - v. Sample budget and suggestions for locating funding
 - vi. Questions for evaluation at the completion of the project
 - c. Brief, easily approachable for students, and supported by all the free resources at StopBullying.gov, this toolkit provides concrete ideas for teens who would like to take action to prevent bullying.
 - d. Encouraging older and younger students to interact provides both groups with the opportunity to learn from each other and the process of working together.



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Category: (Prevention, Preparedness, Response, Recovery, Promotional Item) Prevention

Topic: (Bullying, Substance Abuse, Threat Assessment, etc) Bullying

Audience: (Administrators, Counselors/Psychologists/Social Workers, Emergency Responders, Health Professionals/Nurses, Law Enforcement/SROs/Security, Parents, Teachers, Other School Personnel) Students

Intended Age Group: (pre-K, elementary, middle, high, higher education) Teens, High School

Cost: 0

Additional Comments:

This toolkit can be applied to meeting the following <u>Colorado Comprehensive Health Standards</u>:

- 1. Standard 3: Emotional and Social Wellness in Health
 - a. Concept 1: Analyze the interrelationship of physical, mental, emotional, and social health
- 2. Standard 4: Prevention and Risk Management in Health
 - a. Concept 5: Analyze the factors that influence community and societal beliefs that underlie violence, and describe relationships, attitudes, behavior, and vulnerability to violence

